

Diane Oigny M. Sc. Kinésiologue

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Studies:

- 2002 – 2004 **Doctoral study** schooling only
University of Hamburg, Hamburg, Germany
Institute for medicine of movement
- 2001 – 2002 **Doctoral study** schooling only
University of Leipzig, Leipzig, Germany
Institute of training science
- 1998 - 2000 **M. Sc. Kinesiology,**
Department of social and preventive médecine
Université Laval, Québec
- 1990 – 1995 **B. Sc. Kinesiology, with distinction**
Departement of kinesiology
University of Victoria, British Columbia

Certification

Certified exercise physiologist – CSEP

Instructor for CPR- Canadian heart stroke foundation

NCCP Level 4 in swimming, (graduate of the institut des entraîneurs de Montréal- INFE)

B Licence – swimming coach in Germany (equivalent to PNCE 3)

NCCP- Course conductor and learning facilitator multisports parts A and B french/english (more than 40 stages given since 1992 in Qc, Ont and BC)

Trainer/Facilitator for the first wave of masters learning facilitators during transition of the NCCP program in 23 programs and almost as many sports

National Lifeguard, NLS

Olympic Experience :

August 2008 Beijing, China.

Team leader and technical director for the Canadian synchronized swimming federation,

Accomplishment:

4th place at the Olympic Games of Beijing 2008. Canada was 6th since 2005 and hadn't beaten the USA since 2001.

OTHER WORK EXPERIENCES

January 2009 -

Part time professor

Ottawa University, Ottawa, Canada

W2010 APA 3724 - Technique et Stratégie en Natation

F2010 APA – 1561 – Aspect biophysique de l'exercice; section biomécanique

W2011 APA 2121 B – Nutrition and health

W2011 APA 2521 B – Nutrition et santé

April 2009 –

Kinesiologist-owner

KIN-HIN (inc) Gatineau/Ottawa, Canada

www.kin-hin.com

Offer services in kinesiological counselling for treatment, prevention or performance.

June 2007 – December 2008

Chief Technical Officer, Synchro Canada, Gloucester, Canada

Lead the National Synchronized Swimming Federation. Manage human resources, financial resources and programs, implement sport science into programs, maintain and develop relationships with stakeholders across Canada and internationally. Lead and complete the development of the 2008-2016 strategic plan. Assume the role of Team Leader with synchronized swimming for the 2008 Olympics in Beijing.

Accomplishments:

Over a period of 15 months successfully managed the Canadian synchronized swimming team to a 4th position at the Beijing Olympics. Canada had fallen to rank 6 at worlds 2005 and had never moved a spot since.

Manage the national federation of synchronized swimming and its operations in order to insure a strong leadership leading to the restructuring of the organization. Manage human resources (workers and volunteers), financial management including sponsors, strategic and operational planning, management of programs and relation with partners.

May 2005- June 2007

Coaching Consultant, Coaching Association of Canada, Ottawa, Canada

Facilitating the development and implementation of training and evaluation for all level of coaches with over 20 national sport organizations. Work together with the LTAD group in order to implement and align the LTAD within the NCCP.

Developing various aspects of the National Coaching Certification Program. Managing the financial support provided to National Sport Federations.

Accomplishments:

Facilitated the approbation of 32 new programs within 2 years. Counsel 15 national organizations of sports in order to develop and install the new National Program of coach certification based upon acquisition of competence. Project Management related to the transition of NPCC. Budget management of sports organization related to the transition.

Accomplishment:

Lead more than 30 coach formation programs to make the transition with success in more than 20 different sports. Participate in the revision of multisport material modules version 2007. Participate in the development and formation for the conflict and anti-doping resolution modules for the competition level.

1993 –

Course Conductor/Learning Facilitator

National Coaching Certification Program

Sport Québec, Montréal, Canada Canada

Conducting coaching education workshops: theory 1 and 2, French and English

Facilitating the multi-sport modules part A and B including "Making Ethical Decisions"

Accomplishments:

Taught over 35 workshops in French and English

2004-2005

Invalidity Manager

Manulife Financial, Montreal, Canada

Assessing medical information for invalidity compensation. Answering client's medical questions about their recovery.

Offering psychological support and redirect if necessary (SOS suicide, psychological services).

2002 – 2004

Head Coach

Hamburger Schwimm Club

Hamburg, Germany

Managing all aspects of a 300 membership swim club. Managing Human Resources and providing professional development. Coaching athletes from 7 to 17 years old of regional, provincial and national level. Assuring the long term development of swimmers.

Accomplishments:

Established an ethical culture at all levels within the swim club. Increased significantly the organization's capacity.

Managed successfully all aspects of the budget. Implemented successfully a competency-based model for all personnel and athletes. Improved substantially the national ranking of the team.

2003 – 2004

Exercise Therapist

Universität Hamburg

Hamburg, Germany

Training referred patients from medical doctors in individual sports therapy sessions. For example: cancer, cardiac problems, hip replacements. Physiological testing for High performance athletes like Sandra Volker (Vo₂max. lactate testing etc...)

2000 – 2002

Swim Coach

SSV Leutzsch, Leipzig, Germany

Coaching athletes from 10 to 16 years old of provincial and junior national level.

Accomplishments:

Many swimmers in the best 3 of the country in their age category and best 100 m backstroke swimmer boys 13-14.

1999

Exercise Physiologist

Club de Natation Rouge et Or, Université Laval, Québec, Canada

Monitoring the physiological aspects of elite swimmers during a training cycle. Creating and managing swimming tests for each energy system

1998

Teaching Assistant

Université Laval, Québec, Canada 1998

Responsible for the practical part of the course entitled "Physical Activities and Health Issues". Responsible for the kinanthropology laboratory. Initiating students to do the different indirect VO₂max. measurements.

1997 – 1998

Aquatic Director and Swim Coach

Sportplex Edmundston, New Brunswick, Canada

Managing all aspects of the aquatic installations including financial control. Managing the Human Resources and providing professional development. Assessing and develop strategies to manage risks. Managing the swim club and supervise assistant coaches. Coaching 15 athletes of provincial and national levels.

Accomplishments:

Developed a school swimming program. Improved three swimmers' performance to national level (bronze medal at the Winter Junior Championships '98) and improved seven swimmers' performance to provincial level. Doubled the number of swimmers in the club from 30 to 60.

1996

Physical Education Teacher

Cégep St-Jean-sur-Richelieu, Québec, Canada

Teaching students, 17 years and older, in swimming, strength training, and physical conditioning. Substitute teacher in Basketball and Volleyball

1996

Fitness Club Coordinator

Nautilus Plus, Québec, Canada

Managing 12 physical educators. Overseeing the prescription of exercise.

1995

Exercise Physiologist

Fédération de patinage artistique de l'Outaouais, Québec, Canada

Planning, conducting and evaluating the fitness state of figure skaters.

1994 – 1995

General Director- International Event

Gatineau 55, Worldloppet Ski Race, Québec, Canada

Organizing an international cross country ski race and managing 600 volunteers. Increasing the number of participants from 1700 to 2000. Obtaining \$8000 of new sponsorship.

1995

Chief Organiser

L'espadrille en Fête, Hull, Québec, Canada

Organizing a family oriented multi-sports festival: Running, orienteering, cycling, roller blading.

Accomplishments:

Organized a successful event with very limited time.

1994 – 1995

Kinesiologist

Kinexsport Inc., Québec, Canada

Conducting classes in fitness and aqua-fitness for adults, elderly people and people with severe back problems. Responsible for individual programs and fitness evaluations

1994 - 1995

Exercise Specialist for Cardiac Rehabilitation

Civic Hospital and Nepean Sportplex, Ontario, Canada

Analyzing electrocardiograms and prescribing and supervising appropriate exercise. Providing cardiac emergency assistance.

1990 – 91 / 1994

Sport Therapist and Educator

Pavillon du Parc, Québec, '94,

Garth Homer Centre, British Columbia, '90-'91

Planning and conducting adapted swimming programs for moderate and severely mentally handicapped children and adults. Supporting them in their daily life and work. Guiding workshops and special activities.

1992

Conference Coordinator

British-Columbia government-sport division, Victoria, Canada

Organizing the first conference entitled "International Coaching School". Assisting in the management of the National Coaching Certification Program.

1987 – 1998

Swim Coach

NES, New Brunswick, '97-'98,

IS, British Columbia, '90-'94,

CAG, Québec, NKB, Ontario, '94,

CNHR, Québec, '88-'90 / '97

Coaching athletes from 6 to 19 years old of regional, provincial and national level. Participating in the management of the swim club. Supervising assistant coaches. Recruiting swimmers.

Professional engagement:

Regional representative in the executive committee of the FKQ from 2009 to 2011

Leading member of the organization committee on the 19th congrès des kinésiologues du Québec in Gatineau in 2007

Member of the executive committee of the Fédération des kinésiologues du Québec from 1997 to 1999

Executive member of "Kinexsport", Hull, Qc in 1995

Participant of the congrès annuel des kinésiologues du Québec since 1995

Professional Associations

Member of the "Kinesiology Federation", Québec 1996-2007

Member of the Board of Directors of the "Kinesiology Federation", Québec 1997-1999

Member of the Board of Directors for "Kinexsport" 1995

Member of the "Canadian Swim Coach Association" 1989-2005

Member of the "Canadian Association of Exercise Physiology" 1997-1998

Special Prizes

\$8000 grant, "Advancement of Coaches", Canadian government 1998-1999

\$4000 grant, "Women in coaching", Canadian government 1998-1999

Junior Coach of the Year, British-Columbia 1991-1992

Personal Assets

Languages: French, English and German (all spoken and written fluently)

Computer skills: Proficient

Qualities: Good Facilitator, Enthusiastic and Creative

Hobbies: Travelling (19 countries visited), Outdoor Sports and Gardening

Areas of interests: Excellence in Sport, Ethical Issues and Protection of the Environment

Resume available in french and german

Références available on request